

Challenges and Strategies for Survivorship

November 8, 2023

Noon Est to 1:30 pm



Presentation Outline

Introduction to nbmtLINK

Dr. Debra Friedman 20 minutes

Dr. Carrie Kitko 20 minutes

Jennifer Gillette, LMSW 10 minutes

Terese Roob, 15 minutes, patient voice

Question and Answer Period



Our Mission

The National Bone Marrow Transplant Link (nbmtLINK) is dedicated to helping individuals and their families from diagnosis through survivorship. We work with hospitals, cancer centers, and other organizations to reinforce and complement medical care by providing resources, support and education.

We link you to experts across the country in all topics related to transplant and to others who have made it through the journey before you.

nbmtLINK
1- 800-546-5268
or
1-800-LINK-BMT

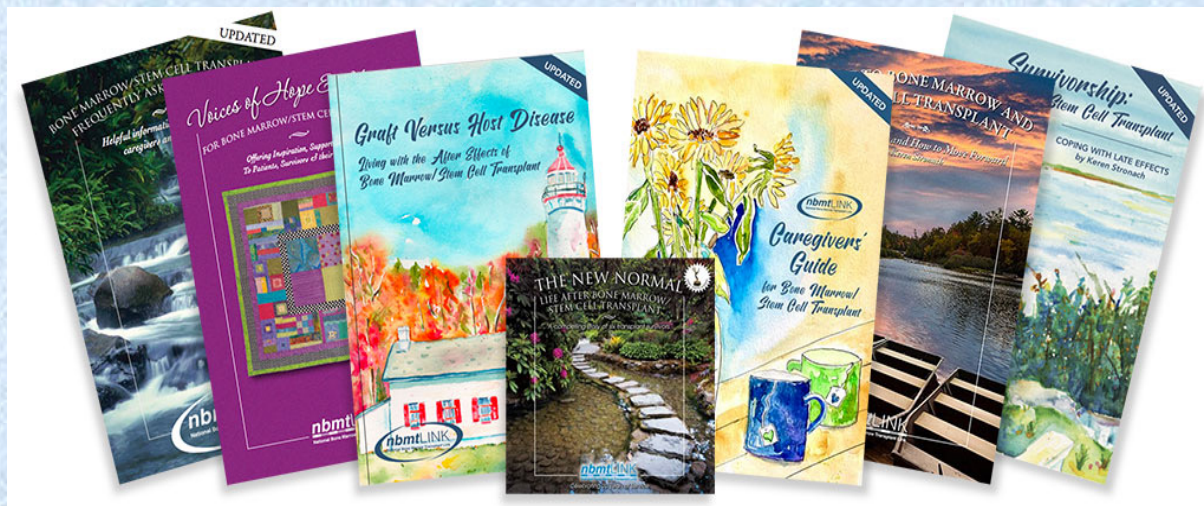
Please feel free to email us for more information, slides, or assistance

Peggy Burkhard,
Executive Director,
peggyburkhard@nbmtlink.org

Jennifer Gillette, LMSW,
Staff Social Worker
jennifergillette@nbmtlink.org

Resources to Help Families Navigate the Transplant Journey

- Lunch & Learn Programs, podcasts, multiple webinars, and blogs from those who have been through the transplant process on all things related to transplant including disease specific information, survivorship issues, coping, and symptom management.
 - Peers Support Mentor Program for Patients and Caregivers
 - Second Birthdays Recognition Program
- Resource books, materials, emotional support from a licensed social worker and referrals
 - Resources and stories of support via our Facebook page



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support in all we do**

Today's presentation is meant to inform and support, it is not intended to replace individualized medical advice

nbmtLINK and the presenters do not recommend or endorse any specific products, therapies, websites or clinical trials. The treatments, therapies, products, trials and websites mentioned during the webinar are provided as a convenience to you and to promote dialogue between you and your health care team about supportive care approaches in chronic GVHD. Before adding any new approach or treatment to your regimen, you should discuss this with your health care provider to determine if that intervention is right for you.

Debra L. Friedman, MD, MS

Director Division of Pediatric Hematology/Oncology
Professor of Pediatrics and Medicine Hematology/Oncology
E. Bronson Ingram Chair in Pediatric Oncology Department of Pediatrics
Associate Director for Community Science and Health Outcomes Vanderbilt-Ingram
Cancer Center



Dr. Friedman is an internationally recognized researcher in cancer care delivery, prevention, control and outcomes and pediatric and adolescent and young adult oncology. She has leadership roles in multiple committees in the Children's Oncology Group and she is an inaugural member of the National Comprehensive Cancer Network Survivorship Panel. She has ongoing research funded by the National Cancer Institute and multiple foundations in cancer care delivery, survivorship, and health outcomes.

member of the National Comprehensive

Carrie L. Kitko MD

Associate Professor of Pediatrics, Medical Director,
Pediatric Stem Cell Transplantation Program, and Ingram
Professor of Pediatric Oncology



Dr. Kitko joined the Vanderbilt Pediatric Hematology/Oncology program as the Medical Director of the Pediatric Stem Cell Transplant in June 2015. She had previously worked at the University of Michigan, initially as a clinical fellow in 2003, and then was appointed to a Lecturer position in 2006 and promoted to Assistant Professor in 2009. During her time at Michigan, she developed a clinical and translational research focus in graft-versus-host disease. She has concentrated her research focus on GVHD diagnosis, treatment, and prevention. She is currently serving as Co-Chair of the GVHD Working Committee of the Center for International Blood and Marrow Transplant Research. She has been serving as Chair of the GVHD Strategy Group for the Pediatric Transplantation and Cellular Therapy Consortium. At Vanderbilt, Dr. Kitko serves as the lead investigator for the Mount Sinai Acute GVHD International Consortium. This consortium has furthered GVHD biomarker discovery and has brought innovative clinical trials to our patients that allow for biomarker directed GVHD prevention and treatment. Recently, Dr. Kitko led Working Group IIA of the NIH Consensus Development Project on Criteria for Clinical Trials in Chronic Graft-versus-Host Disease: The 2020 Clinical Implementation and Early Diagnosis Working Group Report, that was published in *The Journal for Transplantation and Cellular Therapy* last year.

Jennifer Gillette, LMSW

nbmtLINK Staff Social Worker



Jennifer is the Staff Social Worker at the National Bone Marrow Transplant LINK and provides counseling at a private practice in Troy, Michigan. She has over 25 years of oncology social work practice and counseling experience. She has helped clients with a variety of life challenges with all types of cancer diagnoses. She has been at nbmtLINK since 2016, helping support people who have experienced a bone marrow transplant. She received her Master of Social Work degree from Wayne State University. She has spent 20 years leading the psychosocial support programs for oncology over Providence Hospital and Providence Novi Hospitals. She provided private counseling, led support groups, assisted with educating patients, developed patient programming, assisted with research projects, and lead the Fellow's Clinic, a place for people to receive cancer treatment who had no insurance and were in socioeconomic crisis. At nbmtLINK, Jennifer is available to assist with emotional support, resources, and assists with supportive programming.

Terese Roob, Survivor



Terese Roob, an I CAN-SURvivor,

- Is a very happily married 57 year old *woman* (for 34 wonderful years); a proud *mother* of two amazing adult children, and blessed *Nana* to one grandbaby, so far; a Colorado girl since 1995

- Is an *educator* by nature and nurture with an undergrad in Human Development and Family Studies/Psychology, and a masters in Education, focused on gifted and talented Differentiated Instruction; has followed her passion for the last 22 years and thrived in elementary classrooms, supported gifted and talented 6-12 graders, and coached middle/high school students to improve their Executive Function Skills

- Is an avid *reader*, passionate *cook*, outdoor *explorer*, enthusiastic Colorado Avalanche hockey *fan*, and lifelong *learner*

- Is still in the season of strength and stamina building, and has been for the past 17 months after receiving a life-saving stem cell transplant in May 2022 for a life-changing Atypical CML diagnosis in December 2021

- Is a *survivor* committed to not wasting this cancer and living a thankful, grateful, and blessed new normal!