

SURVIVORSHIP ISSUES FOLLOWING A BONE MARROW/STEM CELL TRANSPLANT INCLUDING CHANGES DUE TO COVID-19



October 20th, 2020
12:00-1:30 pm EST

SURVIVORSHIP PRESENTATION OUTLINE

GVHD, chemo brain , advocating for yourself , Sleep Issues

Dr. Ed Peres

Stress, Fatigue, Nutrition

Kristen Kindsvogel, ARNP, SCCA/FHCRC LTFU

Anxiety, Depression, Mood disorders ,Mindfulness, PTSD

Ailey Armstrong, MSW, LICSW at SCCA

Patient Experience

Marilyn Woods, AML Survivor

Question and Answer Period



nbmtLINK
1- 800-546-5268
Or
1-800-LINK-BMT

The National Bone Marrow Transplant Link (nbmtLINK) is dedicated to helping individuals and their families from diagnosis through survivorship. We work with hospitals, cancer centers, and other organizations to reinforce and complement medical care by providing resources, support and education.

Please feel free to email us for more information, slides, or assistance

We link you to experts across the country in all topics related to transplant and to others who have made it through the journey before you.

Peggy Burkhard,
Executive Director,
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Jennifer Gillette, LMSW,
Staff Social Worker
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RESOURCES TO HELP FAMILIES NAVIGATE THE TRANSPLANT JOURNEY



- Lunch & Learn Programs, podcasts, multiple webinars, and blogs from those who have been through the transplant process on all things related to transplant including disease specific information, survivorship issues, coping, and symptom management.
- Peers Support Mentor Program for Patients and Caregivers
- Second Birthdays Recognition Program
- Resource books, materials, emotional support from a licensed social worker and referrals. (Our new look to the left here with our updated Survivorship book.)
- Resources and stories of support via our Twitter and Facebook pages

SPECIAL THANKS TO OUR WEBINAR EVENT SPONSORS

Leukemia &
Lymphoma Society

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Partners

OUR PARTNERS

- American Society for Transplantation and Cellular Therapy (ASTCT)
- Barbara Ann Karmanos Cancer Center
- Blood Marrow Transplant Program at Northside Hospital
- Blood & Marrow Transplant Program, The Sidney Kimmel Cancer Center at Thomas Jefferson University
- Center for International Blood & Marrow Transplant Research (CIBMTR)
- City of Hope
- Dana-Farber/Brigham and Women's Cancer Center
- DKMS
- Froedtert & the Medical College of Wisconsin Cancer Network
- Henry Ford Stem Cell Transplant & Cellular Therapy Program
- Incyte Corporation
- Memorial Sloan Kettering Cancer Center
- Meredith A. Cowden Foundation
- Nebraska Medicine
- Oregon Health & Science University Knight Cancer Center
- Roswell Park Comprehensive Cancer Center
- Seattle Cancer Care Alliance
- Siteman Cancer Center at Barnes-Jewish Hospital/Washington University School of Medicine
- Spectrum Health Cancer Center
- Stem Cell Transplantation and Cellular Therapy Program, John Theurer Cancer Center at Hackensack University Medical Center
- The Leukemia & Lymphoma Society
- University Hospitals Seidman Cancer Center
- Vanderbilt Ingram Cancer Center

Medical Disclosure

nbmtLINK and the presenters do not recommend or endorse any specific products, therapies, websites or clinical trials. The treatments, therapies, products, trials and websites mentioned during the webinar are provided as a convenience to you and to promote dialogue between you and your health care team about supportive care approaches in chronic GVHD. Before adding any new approach or treatment to your regimen, you should discuss this with your health care provider to determine if that intervention is right for you.



ED PERES, MD

Associate Professor Wayne State University
Hematology Oncology
Stem Cell Transplant/Cellular Therapy
Henry Ford Cancer Institute

Medical School
Ross University

Residency
Children's Hospital of Michigan
Wayne State University

Fellowship Hematology Oncology
Children's Hospital of Michigan
Wayne State University

Stem Cell Transplant Fellowship
Karmanos Cancer Institute



Kristen Kindsvogel, ARNP, SCCA/FHCRC LTFU



Kristen Kindsvogel is an advanced registered nurse practitioner at Seattle Cancer Care Alliance/Fred Hutch/University Washington Medical Center in Seattle, Washington. She received her Bachelor of Science in Biology and Environmental Studies from Bowdoin College in Brunswick, Maine in 2003. She completed her Master of Science in Nursing with a family nurse practitioner certification from Massachusetts General Institute of Health Professions in Boston, Massachusetts in 2008. She has worked as a nurse practitioner at Seattle Cancer Care Alliance since 2009. She initially worked in the Acute Bone Marrow Transplant group, and since 2015, she worked in the Long Term Follow-Up (LTFU) group. The LTFU group provides post-transplant consultation services to stem cell transplant recipients beyond day 80 post-transplant. She enjoys being part of a multidisciplinary team that can provide holistic care to stem cell transplant recipient survivors. Kristen is a founding member of the International Society for Cellular Therapy Advanced Practice Provider committee.

AILEY ARMSTRONG, MSW, LICSW AT SCCA

Ailey Armstrong, MSW, LICSW, is a licensed clinical oncology social worker and member of the Integrated Psychosocial Oncology Program at Seattle Cancer Care Alliance, where she provides psychosocial support and care coordination to patients on the Bone Marrow/Stem Cell Transplant Service and their families. Using a variety of evidence-based therapeutic modalities—including behavioral activation and problem-solving treatment—Ailey works closely with patients over the course of the transplant process to help them cope with the emotional and physical challenges that accompany treatment. Ailey also co-facilitates SCCA's Young Adult support group and is a member of SCCA's Vital Talk faculty, providing training to SCCA staff on communication skills for discussions around serious illness. She received her master's degree in social work at the University of Washington, where she was a Carol LaMare Scholar in Oncology and Palliative Care.



MARILYN WOODS, AML SURVIVOR



Marilyn has wonderful slides introducing herself so I will just say for now that she is a Michigander that has been married for 49 years. She is a woman on the move that loves life, loves family, and has a great deal of wisdom to share on what can be helpful during a cancer journey and will share her best tips for coping with life after treatment.